

Menu Items	MILK	EGG	SOY**	WHEAT	SESAME	TREENUTS	PEANUT	FISH
Aloha Plate - Pick One Choice (Sides not included)								
Hawaiian BBQ Chicken			V	V				
Chicken Katsu*		V		V	V			
Teriyaki Chicken*			V	V				
Grilled Chicken Breast			V	V				
Island Fire Chicken			V	V				
Hawaiian BBQ Beef			V	V				
Kalua Pork with Cabbage								
Island White Fish				V				V
Aloha Plate - Pick Two Choices (Sides not included)								
Hawaiian BBQ Chicken								
BBQ Chicken + Chicken Katsu		V	V	V	V			
BBQ Chicken + Teriyaki Chicken			V	V				
BBQ Chicken + Grilled Chicken Breast			V	V				
BBQ Chicken + Island Fire Chicken			V	V				
BBQ Chicken + BBQ Beef			V	V				
BBQ Chicken + Kalua Pork			V	V				
BBQ Chicken + Island White Fish			V	V				V
Chicken Katsu								
Chicken Katsu + Teriyaki Chicken		V	V	V	V			
Chicken Katsu + Grilled Chicken Breast		V	V	V	V			
Chicken Katsu + Island Fire Chicken		V	V	V	V			
Chicken Katsu + BBQ Beef		V	V	V	V			
Chicken Katsu + Kalua Pork		V		V	V			
Chicken Katsu + Island White Fish		V		V	V			V
Teriyaki Chicken*								
Teriyaki Chicken + Grilled Chicken Breast				V	V			
Teriyaki Chicken + Island Fire Chicken				V	V			
Teriyaki Chicken + BBQ Beef				V	V			
Teriyaki Chicken + Kalua Pork				V	V			
Teriyaki Chicken + Island White Fish				V	V			V

Menu Items	MILK	EGG	SOY**	WHEAT	SESAME	TREENUTS	PEANUT	FISH
Grilled Chicken Breast								
Grilled Chicken Breast + Island Fire Chicken			V	V				
Grilled Chicken Breast + BBQ Beef			V	V				
Grilled Chicken Breast + Kalua Pork			V	V				
Grilled Chicken Breast + Island White Fish			V	V				V
Island Fire Chicken								
Island Fire Chicken + Hawaiian BBQ Beef			V	V				
Island Fire Chicken + Kalua Pork with Cabbage			V	V				
Island Fire Chicken + Island White Fish			V	V				V
Hawaiian BBQ Beef								
BBQ Beef + Kalua Pork			V	V				
BBQ Beef + Island White Fish			V	V				V
Kalua Pork with Cabbage								
Kalua Pork + Island White Fish				V				V

Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. The nutritional values may vary due to variation in individual preparation, package, sample, testing, & regional supplier differences. Subject to change without notice.

**According to the FDA, highly refined oils, such as soy, are not considered allergenic, and therefore may not be identified in this chart



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Allergens Information

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Menu Items	MILK	EGG	SOY**	WHEAT	SESAME	TREE NUTS	PEANUT	FISH
Plate Lunches								
Chicken (Sides not included)								
Hawaiian BBQ Chicken			V	V				
Chicken Katsu		V		V	V			
Teriyaki Chicken*			V	V				
Grilled Chicken Breast			V	V				
Island Fire Chicken			V	V				
Beef / Pork (Sides not included)								
Kalbi Short Ribs			V	V				
Hawaiian BBQ Beef			V	V				
Kalua Pork with Cabbage								
Seafood (Sides not included)								
Island White Fish				V				V
Crispy Shrimp				V				V
Island Favorites (Sides not included)								
Chicken Mix		V	V	V	V			
Hawaiian BBQ Mix			V	V				
Seafood Mix			V	V				V
Shrimp & BBQ Chicken Mix			V	V				V
Island White Fish & BBQ Chicken Mix			V	V				V
Chicken & Beef Mix			V	V				
Shrimp & Island White Fish Mix				V				V
Grilled Spam & Eggs		V						



Hawaiian BBQ Chicken

Menu Items	MILK	EGG	SOY**	WHEAT	SESAME	TREE NUTS	PEANUT	FISH
Mini Meal (Sides not included)								
Hawaiian BBQ Chicken			V	V				
Hawaiian BBQ Beef			V	V	V			
Chicken Katsu		V		V	V			
Island Fire Chicken			V	V				
Crispy Shrimp				V				V
Grilled Chicken Breast			V	V				
Family Meal (Serves 4 People)								
Steamed Rice								
Macaroni Salad		V		V				
Hawaiian BBQ Chicken			V	V				
Chicken Katsu*		V		V	V			
Teriyaki Chicken*			V	V				
Grilled Chicken Breast			V	V				
Island Fire Chicken			V	V				
Kalbi Short Rib			V	V				
Hawaiian BBQ Beef			V	V				
Island White Fish				V				V
Kalua Pork with Cabbage								
Gourmet Salad (Dressing not included)								
Macaroni Salad		V		V				V
Macaroni Salad		V		V				V
Island Spring Mix Plate					V			
With Protein Choice (Additional to Fresh Mix Salad Plate)								
Hawaiian BBQ Chicken			V	V				
Chicken Katsu		V		V	V			
Island Fire Chicken			V	V				
Grilled Chicken Breast			V	V				
Hawaiian BBQ Beef			V	V				
Island White Fish				V				V
Crispy Shrimp				V				V
Dessert								
Hula Guava Pie	V		V	V				

Menu Items	MILK	EGG	SOY**	WHEAT	SESAME	TREE NUTS	PEANUT	FISH
Ono Keiki Meal (Kid's Meal) (with Rice + Veggies + Berry Pouch + Apple Juice Box)								
Hawaiian BBQ Chicken			V	V				
Chicken Katsu		V		V	V			
Grilled Chicken Breast			V	V				
Island White Fish				V				V
Crispy Shrimp				V				V
Teriyaki Chicken			V	V				
Appetizers								
Spam Musubi			V	V				
BBQ Chicken Musubi			V	V				
BBQ Beef Musubi			V	V				
Crispy Shrimp				V				V
Crab Rangoon	V	V		V				V
Crab Rangoon	V	V		V				V
Steam Rice								
Sides								
Island Spring Mix Side					V			
Island Spring Mix Aloha Plate					V			
Cabbage								
Steamed Rice								
Macaroni Salad		V		V				
Sauces & Dressing								
Katsu Sauce			V					V
Teriyaki Sauce			V	V				
Salad Dressing			V	V	V			
Tartar Sauce		V						



Gourmet Salad